



ASHLAND AREA YMCA is proud to announce

NEW DANCE CLASSES BEGINNING JULY 12, 2010

Monthly fee: \$40.00 Y Members

\$60.00 Non-Members

DANCE INSTRUCTOR: LANA MENDONCA

Princess Ballet

Monday & Wednesday evenings @ 6:30 P.M.

Class Description: Come stretch your imagination, as well as your toes! The princess ballet class is full of rhythm, body awareness, and gross motor skill development games designed for children ages 3 to 5. At this age, dance is about learning to nurture creativity in movement, developing coordination and promoting self-esteem. This class is a wildly interactive introduction to dance for your little one! This class will help your child progress to the next level. This class is on a month to month basis and will have a fee for members and no-members.



Contemporary Dance

Monday and Wednesday evenings @ 7:30 P.M.

Class Description: Ages 6-11 will learn all about contemporary dance while building self esteem, strength and flexibility. This is a progressive class where your child will learn to build the techniques learned into a full routine. Our Contemporary dance program is a mixture of concert dance that employs systems and methods found in Hip Hop dance, Jazz as well as classical ballet. This is on a month to month basis and will have a fee for members and non-members

