



STRONG SWIMMERS CONFIDENT KIDS

GROUP SWIM LESSONS

Oct 14th – Dec 9th

1 sessions per week over 8 weeks

Saturdays ages 3-5 beginners/6-12 beginners

Saturdays 6-12 intermediate

(see back for details)

Ashland Area YMCA
3232 Megan Neyer Way
Ashland, KY 41102
(606)324-6191

Member – \$35 – REGISTRATION BEGINS October 1st-9th

Non-member – \$60 – REGISTRATION BEGINS October 4th-9th

AAYMCA MEMBERSHIP BENEFIT!!!
Early registration
to secure your spot
and discounted pricing!

Questions? Contact
Patrick Ewing
Aquatics Director
(606)324-6191 ext.228

Group Swim Lessons at AAYMCA

8 Weeks, 8 Sessions, Saturdays

Please be on time for the session you choose on Saturday

*No lessons on November 25th (Thanksgiving week)

Member fees: 1st child \$35 / Each additional child \$17.50

Non-member fees: 1st child \$60 / Each additional child \$30.00

SWIM BASICS (Beginner) – Students learn personal water safety and achieve basic swimming competency by learning two benchmark skills: swim, float, swim (sequencing front glide, back float, roll, front glide, and exit), and jump, push, turn, grab.

SWIM STROKES (Intermediate) – Having mastered the fundamentals, students learn additional water safety skills and build stroke technique. Students must possess a solid foundation of beginner skills and be able to front and back float on own and swim 10-15 yards on front and back for intermediate course.

Swimmer's Name _____ Birthday _____ Age _____

Address _____ Phone _____

City, State, Zip _____

Previous Swim Lessons YES NO If yes, what level? _____

Parent's Name _____

Member YES NO

Beginner SWIM BASICS Saturday 40 minutes (6 per session max)

AGE	A	A
3 - 5	_____ 10:00AM - 10:40 AM	_____
3 - 5	_____	_____ 10:45AM - 11:25AM

Beginner SWIM BASICS Saturday 40 minutes (6 per session max)

AGE	A	B
6 - 12	_____ 11:30 AM - 12:10 PM	_____

Intermediate SWIM STROKES Saturday 40 minutes (6 per session max)

AGE	A	B
6 - 12	_____	_____ 12:15AM - 1:00PM