



STRONG SWIMMERS CONFIDENT KIDS

GROUP SWIM LESSONS

June 5 – June 15

4 sessions, Monday – Thursday, over 2 weeks

Choose from:

Ages 3-5 beginners/6-12 beginners/6-12 intermediate

Morning or Evening Session Options! - see back for details

Member - \$45 – REGISTRATION BEGINS May 24

Non-member – \$80 – REGISTRATION BEGINS May 26

AAYMCA MEMBERSHIP BENEFIT!!!

Early registration
to secure your spot
and discounted pricing!

Ashland Area YMCA
3232 Megan Neyer Way
Ashland, KY 41102
(606)324-6191

Questions? Contact
Hollie Hall
Aquatics Director
(606)324-6191 ext.228

JUNE Group Swim Lessons at AAYMCA

2 Weeks, Monday through Thursday, 8 Sessions

Member fees: 1st child \$45 / Each additional child \$22.50

Non-member fees: 1st child \$80 / Each additional child \$40

SWIM BASICS (Beginner) – Students learn personal water safety and achieve basic swimming competency by learning two benchmark skills: swim, float, swim (sequencing front glide, back float, roll, front glide, and exit), and jump, push, turn, grab.

SWIM STROKES (Intermediate) – Having mastered the fundamentals, students learn additional water safety skills and build stroke technique. Students must possess a solid foundation of beginner skills and be able to front and back float on own and swim 10-15 yards on front and back for intermediate lessons.

Swimmer's Name _____ Birthday _____ Age _____

Address _____ Phone _____

City, State, Zip _____

Previous Swim Lessons YES NO If yes, what level? _____

Parent's Name _____

Member YES NO

PLEASE SELECT LESSON BELOW:

Beginner SWIM BASICS Morning with Sara

40 minutes

| AGE | A | B |
|-------|---------------------|-------|
| 3 – 5 | ___ 9:00AM – 9:40AM | ----- |

Intermediate SWIM STROKES Morning with Sara

40 minutes

| AGE | A | B |
|--------|-------|----------------------|
| 6 – 12 | ----- | ___ 9:45AM – 10:25AM |

Beginner SWIM BASICS Evening with Ray

40 minutes

| AGE | A | A |
|--------|-------------------|---------------------|
| 3 – 5 | ___ 5:00PM-5:40PM | ----- |
| 6 – 12 | ----- | ___ 5:45PM – 6:25PM |